



Sunday, January 14th, 2024
Second Sunday in Ordinary Time

Holy Family Church

13900 Church Place, Seal Beach, CA 90740 - (562) 430-8170

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Rev. Joseph Son Nguyen, Pastor

Sunday Mass Schedule

Saturday Vigil: 4:00 p.m.

Sunday: 8:00 a.m., 10 a.m. & 12 Noon

Weekday Masses

Monday –Saturday: 8:30 a.m.

Our Lady of Perpetual Help Novena: Wednesdays 8:15a.m

Anointing of the Sick Sacrament: Saturdays at 8:30 a.m. Mass

Bible Study: 1st and 3rd Monday of the Month 12:30 p.m.

Confessions

Saturdays: 9:00am-9:30am / First Fridays 9:00am-9:30am

Diocesan Second Collection this Weekend

There is a second collection this weekend, **January 13-14, 2024**. This collection combines the Church in Africa, Latin America, and Eastern Europe. Thank you for your generosity.

Christian Service Ministry

We are very grateful to Dorothy Kemeny for many years of coordinating this ministry. You have reached out many people and touched many hearts with your service. God bless you Dorothy!! We are happy to welcome Rita Laskey as our new coordinator. Rita and her ministry group are looking for new volunteers to help. Christian Service ministry is the connection with those parishioners who are in need in our parish community. Please be sure if you get a call from Christian service is of course not a scam. The Church will not ask you for any money or financial information. If you are interested on joining this team ministry, please contact Rita at (562) 879-1494.

Monday, January 15th, 2024

Parish Office will be closed in observance of Dr. Martin Luther King, Jr. Day national holiday.

Your Contributions- Thank you

Sunday, January 7th, 2024: \$5,552

Online Giving: \$1,183.60

Thank you for your generosity!

News from the Diocese

Pray to Protect Human Life.- Sign up to join Catholics across the country in praying for the end to abortion during the 9 Days for Life novena from **January 16-24**: 9daysforlife.com Abortion is legal in more states than not, with many working to expand and enshrine abortion protections. In addition to our efforts to protect human life in law, we must also help women facing unexpected or difficult pregnancies, offering them the compassionate support they need to lovingly welcome the gift of their children.

Here in the Diocese of Orange, join us at OneLife LA **January 20** (onelifela.org) and for the Mass for the Protection of Unborn Children at Christ Cathedral, **January 22, 7 p.m.**, followed by the Walking with Moms Ministry Fair (mass-for-the-protection-of-unborn-children-and-onelifela-events).

• **Human Trafficking Prevention Month**

President Biden issued a proclamation that marks National Human Trafficking Prevention Month, highlighting that federal agencies are working closely with governments and organizations around the world to address the root causes of trafficking, bring traffickers to justice, and support survivors as they recover and rebuild their lives. This month, we urge every American to learn how to identify the signs of trafficking and to share the National Human Trafficking hotline (888-373-7888) — an important resource to report a tip or to ask for help. Together, we must make sure every human being is free to live a life full of dignity and respect.

Behold the Lamb of God (Catholic Reflections)

John the Baptist saw Jesus coming toward him and said, “Behold, the Lamb of God, who takes away the sin of the world.” John 1:29

Saint John the Baptist speaks these words about Jesus at the moment that he sees Jesus coming to him in the distance. John knew, by the inspiration of the Holy Spirit, that Jesus was the “Lamb of God.” He knew, by this interior revelation, that Jesus would become the Sacrificial Lamb Who would lay down His life for the salvation of the world. Perhaps John did not know the details of how this would happen, but he didn’t need to. He was content knowing this sacred mission of the Messiah, and he was content knowing that Jesus was that Messiah.

Today, as we ponder John’s words, we are able to see them more clearly. Jesus is the One Who gave His life on the Cross for the remission of sins. He is the One Whom we now receive sacramentally in Holy Communion as the “Lamb of God.” It is His flesh and His blood, poured out for us, that we now consume with the deepest reverence and love.

At Mass, these are the final words spoken by the priest after the consecration and prior to Holy Communion. Every time we participate in the Holy Mass, we relive this moment in which John saw our Lord coming to Him.

As we begin this season of Ordinary Time, we are invited to come to know this Lamb of God more fully through His many teachings, miracles and actions done during His public ministry. In the Liturgy of the Word at every Mass, we are called to unpack these words of John, coming to understand the mystery of the life of Christ more fully. And through our participation in the reception of Holy Communion, we come to know Him Who is the Lamb of God in the most personal and intimate of ways, when we enter into holy union (Holy Communion) with Him.

Reflect, today, upon these very familiar words of Saint John the Baptist. As you do, begin by prayerfully pondering the knowledge that John might have had about Christ the first time he saw Him. Why did John say these words? How fully did he understand their meaning? Did he know that his words would be echoed throughout time? As you prayerfully ponder the interior knowledge that John might have had at that time, try also to reflect upon all that we now know about these holy words. Reflect especially upon the suffering and death of the Lamb of God and the way in which He has transmitted His Saving Sacrifice to us in Holy Communion. What a gift! What a mystery! What a joy! Behold the Lamb of God within your heart, mind, and soul, and prayerfully seek to know Him more fully this day.

Prayer

Glorious Lamb of God, You have come and taken away the sins of the world through the sacrifice of Your sacred life on the Cross. Please help me to understand Who You are and all that You have done for me, especially every time I come to behold You and receive You in Holy Communion. Jesus, I trust in You.

Message from Bishop Fryer

This year Ash Wednesday falls on **February 14th**—Valentine’s Day. As you know this is a day of both prayer and fasting and as such all Catholics without a medical impediment from age 18 until age 59 are to fast (one full meal and two smaller meals that do not equal a full meal) and all Catholics without a medical impediment 14 years and older are to abstain from meat. **Dispensations from these praiseworthy disciplines will not be granted.**

May we unite our sacrifices with the Lord who fasted 40 days in the desert and gave His life for our salvation on the cross, so that one day we may be with Him at the heavenly banquet.

Bishop Tim Freyer



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“...In this world, I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood.”

- St Francis

Laugh Out Loud ☺

A Franciscan and Jesuit were debating which order was the greatest. So, they decided to ask for a sign from God. This is what they received falling from heaven:

My sons, Please stop bickering about such trivial matters,
Sincerely, **God, O.P.**

Prayer Intentions for the Week

Monday 8:30 a.m. January 15

Elizabeth “Beppie” Verboon, RIP

Tuesday 8:30 a.m. January 16

Nguyen Sang & Hoang Khuyen, RIP

Wednesday 8:30 a.m. January 17

Marilyn Ranta, RIP

Fran Hay, Sp. Int. Birthday

Thursday 8:30 a.m. January 18

Adolfo Bonus, RIP

German Rodriguez, RIP

Friday 8:30 a.m. January 19

David Esparza, RIP

Ty and Hien Vu, 55th Wedding Anniversary

Saturday 8:30 a.m. January 20

Joseph Dinh, RIP

Saturday 4:00 p.m. January 20

Joseph Chang, RIP

Pat Velte, RIP

Sunday 8:00 a.m. January 21

Deacon Raymon Lim, RIP

Bob and Kathleen Croghan, RIP

Sunday 10:00 a.m. January 21

Matthew Yi, RIP

Antonio & Wieslawa Surowiec, RIP

Agnes Ra, Sp. Int.

Ellen Hurley, Sp. Int.

Sunday 12 Noon January 21

David Esparza, RIP

Lovers of the Holy Cross Sisters, Sp.Int.